

Health and Wellness Meeting Agenda
October 15, 2018 - 3PM - 4PM
Henry Wilson Memorial School Library

In attendance: Sarah Gould, Angela Bigonia, Dawn Curtis, Penny Morin, Diana Denito, Lynn Fuller, Vicki Nash, Marianne DiTaranto

Welcome and Introductions: Sarah and Angela

School Updates:

Valley View - Elisabeth
Not represented

Henry Wilson Memorial - Sarah and Angela
Teachers implementing health related activities in advisory
Website done through November
Registered for Fuel Up to Play 60 - working on getting it started
DARE will happen in 5th and 7th grades this year

Farmington High School - Marianne and Dawn
Working on decals on kindness for student bathrooms
Coat drive at the school
Working on other kindness activities

School Board
Health and Wellness Policy - district is due to do a walk through in each school
and use the UNH checklist

Health and Wellness Fair Updates:

No updates needed at this point
Sarah will reach out to PTA to set a date
Marianne will drop the vendor letter into the Wellness Committee shared folder
Possibly have the fair in the hallway again next year rather than the MPR

Other:

Student Assistance Program is working with 72 students in grades 7-12
Lynn - Drug Free NH donations for Red Ribbon Week - Thank You!!
Family support groups up from 11 to 18 (1 in Farmington)
ALANON - group in Farmington going well - six people have come each of the last seven weeks
Next Learning Collaborative - Monday, October 22 at Goodwin Community

Next Meeting: Monday, November 19th at Valley View from 3:00-4:00 PM