

Health and Wellness Committee Meeting Minutes
Monday 03/11/2019: 3:00 - 4:00 pm
Farmington High School Library

In Attendance: Penny Morin, Ashley Sheedy, Dawn Curtis, Angela Begonia, Janna Mellon, Diana Denitto and Marianne DiTaranto

Old Business:

Priorities:

- Valley View: No new information.
- Henry Wilson: Working on the Coordinated School Activities website offered to Henry Wilson faculty and preparation for the upcoming Wellness Fair.
- FHS: Working on Wellness Fair and will check with Brian Chagnon to prevent conflicting with the showing of the FSD TV Movie.

PTA Spring Fling and Wellness Fair: The Wellness Fair Checklist was reviewed and the tasks were divided. There are 12 vendors confirmed including the fire department. We are waiting for confirmation from a dental program. There are a few vendors we need to check with. The multi purpose room has been reserved. We will use the same vendor layout/map, do an alert now and make a flyer. We could see about putting a notice on the marquee of each school and Facebook pages including the Farmington Community Page.

New Business:

School Wellness Policy: Janna Mellon invited the Health and Wellness Committee to provide suggestions on the draft for a revised and updated School Wellness Policy. The next meeting of the Health and Wellness Committee on April 8, 2019 will be dedicated to reviewing the Wellness Policy, documenting current practices and adding suggestions for a revised draft. Once the School Wellness Policy has been reviewed, updated and approved by the School Board and Policy Committee, it can be posted to the SAU website in a designated place.

Menu Planning Advisory Board: If approved by the School Board and Policy Committee, the Health and Wellness Committee will accept the role of the Advisory Board for menu planning and will work with the Food Service Management Company, students, staff and parents on future menu planning within the district. Several ideas included: adding a suggestion box in the cafeterias and conducting a survey on menu ideas at this year's PTA Spring Fling and Health and Wellness Fair on April 4 at Henry Wilson.

