

Health and Wellness Committee Meeting Minutes

Monday January 14, 2019: 3:00-4:00 pm

Farmington High School Library

In Attendance: Ashley Sheedy, Dawn Curtis, Marianne DiTaranto, Angela Bigonia, Diana Denitto

Updates on Priorities:

- Valley View:
 - Recruiting Champions: Danielle Dalton and one other may be interested in joining our group but Mondays are not a good meeting time. Possible meeting times: second Tuesday or third Wednesday.

- Henry Wilson:
 - Website: A survey will go out to see who is using it, how are things going and what suggestions do you have.
 - Dare is back in Henry Wilson for 5 and 7 starting this week.

- FHS:
 - Curriculum Check: In Wellness the students are talking about nutrition and acceptable teenage behavior.
 - Community Outreach: Crockpot meals will start in March at Friends of Farmington. No specific date yet. Farmington Response Open House is on 01/30 from 5 to 7 pm.
 - On 1/30, Melissa Fernald will be presenting to community members aged 21 and older about Risky Behavior at Henry Wilson from 6:30 to 8:30. On Feb 6, she will be presenting on Indicators of Mental Illness from 6:30 to 8:30. You must be 21 or older to attend either event. Flyers will be made and an alert now FYI and a second call reminder will go out for each presentation.

- Wellness Fair:
 - April 4th is a possible date for the Wellness Fair
 - Vendor Letter: Waiting on a date which will be decided at the PTA meeting tomorrow evening.
 - Vendor List: The list is divided and calls will go out as soon as the date is set and the letters have gone out.
 - The Room is very hot at Henry Wilson. We can ask about the fans that are used during assemblies to circulate the air.