

Health & Wellness Committee Meeting Minutes
Henry Wilson Memorial School Library
Monday, February 11, 2019

In attendance: Dawn Curtis, Ashley Sheedy, Marianne DiTaranto, Penny Morin, Angela Bigonia, Sarah Gould, Susan Conant

School updates:

Valley View: we will likely not get a replacement for the Champion at VVCS

Henry Wilson: Working on the website; survey to staff has been drafted, waiting on approval from Jessica Richardson and feedback from United Way

Waiting to hear back from Cathy Smith regarding dental education

Alliance for Dental Care is an option that is happening through the library

FHS: worked on Vendor information spreadsheet. Started new Wellness classes for second semester.

Wellness Fair: updated spreadsheet with vendor information

Passport idea - we need someone to be stationed at check-in for the entire event; Sarah will get raffle tickets from the office

TD Bank is a good place to get donations - Penny will contact TD Bank

Marianne and Dawn will bring last year's map to our next Health and Wellness Meeting

Vendors should be finalized by next meeting

Penny will work on following-up with vendors that have not been contacted, yet

Ashley asked about the possibility of having Melissa Ferland as an activity during the Wellness Fair (as she has had to reschedule twice)

Sarah will ask Steve to put the event on the Facebook page

Penny will contact Angie regarding putting the event on the district Facebook page

Sarah will sign out the Multi-purpose room for the evening (notify maintenance?)

Angela has contacted Elizabeth Hill regarding the passport document that we used last year

Program sustainability:

Cathy Smith from Goodwin is attempting to gain more funding for next school year

Marianne has approached Ruth Ellen regarding visiting the school in Maine that we learned about at a Learning Collaborative

Possibility of having a Champion position being a stipend position - we have to look at teacher contract to see if there are currently positions budgeted that would fall in this category

Susan Conant - UNH Cooperative Extension

Slow Cooker Meal Class beginning March 8th

Health and Wellness Committee will promote this class

Sarah will Steve to put class flyer on the Facebook page

Angela will ask Ruth Ellen to put the flyer on the

Other

Revolution Food Pantry - new food pantry in Milton

Contact: Betty Eaton - 603-923-9456

Student Assistance Program:

Intro meeting for the Running Club last week

Creativity Club is meeting this week

“Adulting Club” is starting on Friday

Running Club and Creativity Club may both be open for Middle Schoolers soon

Working with Miss Roy at the High School for a GSA

Working on a Summer Enrichment Middle School and High School students

Next Meeting March 11th at FHS in the Library