

Minutes

SAU 61 Health and Wellness Committee

3/12/18 ~ 3PM – 4PM | Henry Wilson Memorial School Library

Item	Owner
Welcome and Introductions	Sarah/Angela
Wellness Fair	All Champions
Other	

In attendance:

Sarah Gould, Susan Conant, Sarah Oberle, Katrina Mochamps, Diana Denito, Vicki Nash, Penny Morin, Carol O'Connell, Angela Bigonia, Ashley Ciampa, Marianne DiTaranto

Discussion:

Sarah Oberle – Susan working with 2nd grade with food tasting and nutrition

- Working with 4th & 5th grade in health class

- Has funding and wants to work on health & wellness policy

Diana - Access Care Meeting at Valley View March 23 5-8:30 PM

- Looking for help promoting it

Discussed having a month where students are encouraged to eat one ingredient snacks

Wellness Fair discussion:

- Marianne will be at Wellness Fair as Champion representative – she will ask Dawn to be there, too

- Worked to clarify who to contact for some of them

- Discussed making a card with all vendors listed and participants get stamps

 - Maybe have gift cards as a prize (do a drawing)

 - Maybe other prizes – extra time in library, special table at lunch, homework pass

 - Marianne will ask if they have extra shirts from sports

- Sarah will put in a work order for table set up

- Sarah will speak with FAMEE about moving their space that day

- Carol & Katrina will help with set up

- Diana will do Alert Now two weeks before and a few days before event – Angela will help her remember

Gem Farms – someone contact them?

Options in Dover – someone contact them?

Marianne will send a confirmation letter to vendors

In letter, ask for donations for prizes (ask who needs tables)

Will need tickets – we probably have some

Needs to be done:

Finish contacting vendors

Send confirmation letter to vendors

Maintenance request for room set up

Sign out gym and MPR

Make a map

Make the passport

Put up fliers – all champions

Find raffle tickets

Have another meeting of Champions for last minute details – Tuesday March 27 3:00-4:00 at HWMS

Next Meeting – April 16 3:00 – 4:00 in Room 211 at the High School